

Lemonade (Indian Style)

One of our favorite Indian chefs shows us how to prepare 2 different versions of refreshing homemade lemonade: one regular recipe and one for mint lovers.

This is a great drink to have on hand all summer. As he says, welcome your family home with this amazingly delicious drink.

Ingredients

- 1 lemon
- 1 1/2 teaspoon sugar
- 1/4 teaspoon salt
- Pinch of pepper powder
- Pinch of Chaat Masala (see link below if you are interested in making this at home)
- Water or soda water
- Mint leaf and lemon slice for garnish

For the mint version

- 1 lemon
- 1 1/2 teaspoon sugar
- 1/4 teaspoon salt
- Fresh mint leaves
- Roast jeera powder (roast cumin powder)
- Water or soda water

Preparation Instructions (regular recipe)

- Cut lemon in half
- Over a medium bowl, squeeze the lemon between your fingers to remove the seeds
- Add the sugar
- Add the salt

- Add the spices
- Mix with a whisk until the sugar dissolves
- Add 2 tablespoons of the mixture to a glass
- Add water or soda water
- Garnish with fresh mint leaf and lemon slice

Preparation Instructions (lemonade for mint lovers)

- Cut lemon in half
- Squeeze between your fingers to remove seeds over a bowl
- Add fresh mint leaves to a mortar and pestle for crushing
- Add pinch of salt
- 2 teaspoons sugar
- Crush the leaves, salt, and sugar
- Add this mixture to the lemon juice
- Add the pinch of roast jeera powder (roast cumin powder)
- Add 2 tablespoons of the mixture to a glass
- Add water or soda water
- Garnish with fresh mint and lemon slice

Bonus Items

Want to see what it takes to make chaat masala at home? click here for the recipe

If you want to watch the video again, click here.

Chat Masala is used as a condiment seasoning for everything from roasted meats to fresh fruits. If you can't find it locally, click here to find out more online.