



## Coconut Ice Cream

Summer is here - time to break out your ice cream maker! This recipe calls for cream of coconut, which should be available at Trader Joe's, Whole Market or another organic grocer. If you like coconut, the hunt is well worth it. A tasty cold treat for any hot day!

### Ingredients

1 cup of heavy cream  
1 cup half & half  
½ cup whole coconut milk  
1 15-oz can cream of coconut  
½ tsp vanilla extract  
1/8 tsp salt

### Preparation Process

Mix the ingredients together in a large bowl, and whisk until the ingredients are completely combined

Add the mixture to your ice cream maker per the manufacturer's instructions. Once processed, serve immediately or pour in an airtight container and place into the freezer.

If you want to watch the video again. Click [here](#).