



Peanut Butter Cup Oatmeal - Super High Protein

Looking to a delicious protein fix? This oatmeal recipe simulates the flavor of a Reese's peanut butter cup while minimizing the fat and sugar. It also packs a whopping 40 grams of protein. Wow!

Ingredients

- 3/4 cup oats
- 1 cup unsweetened almond milk
- 1 tbsp peanut butter
- 2 tbsp Greek yogurt
- 1 scoop protein powder
- 1 tbsp baking cocoa
- 1 tbsp sweetener (preferably Stevia or Splenda)

Preparation Process

Mix the oats into the almond milk and microwave for 1 ½ - 2 minutes, depending on the instructions on the oatmeal package

Stir in the peanut butter, yogurt, protein powder and cocoa and serve.

If you want to watch the video again. Click [here](#).