

Vegan Mayonnaise

If you're a vegan and looking for a tasty, healthy sandwich topping, check out this awesome vegan mayonnaise recipe, which uses a nut base to match the fat (and flavor!) content of traditional eggbased recipes. This versatile dressing can be served as a sandwich topping or as a sauce for coleslaw.

Ingredients

1 cup water
1 cup macadamia nuts
1 cup pine nuts
1 ½ cups cashews
2 tbsp lemon juice
1 tbsp sea salt
1 tbsp apple cider vinegar

Preparation Process

Pour the water, lemon juice and vinegar into a blender, followed by the nuts and salt

Blend on varying blender speeds, from low to medium to high until the mixture is smooth and thick

Serve as a salad dressing or condiment.

If you want to watch the video again. Click here.