



Italian Herb Baked Spinach Chips - Vegan Friendly!

Looking for a light, healthy vegan treat? Check out this recipe for baked spinach chips. It's a simple, quickly prepared snack - all you need is spinach, olive oil and some seasoning. The chef in the video uses McCormick's seasoning, but you can experiment with different types, depending on your taste. Enjoy the crunch!

Ingredients

2 cups fresh spinach
¼ tsp extra virgin olive oil
Italian Blend Seasoning (McCormicks or a similar brand)
Salt to taste

Preparation Process

Pour the spinach in a large bowl and add the olive oil and mix until the spinach is lightly coated

Sprinkle the seasoning and salt on top

Place the spinach on a lined baking sheet, making sure the leaves do not overlap.

Bake for 8 minutes at 325 degrees

Let cool on the baking sheet for 3 minutes

Remove from baking sheet and serve

If you want to watch the video again. Click [here](#).