



Greek-Style Yogurt

If you're looking for a versatile yogurt, check out this recipe for Tzatziki, a Greek dish that can be eaten as a standalone yogurt or a dipping sauce. The recipe calls for Persian cucumber, but if you can't find one, a regular cucumber will do the job. The dish works great with pita - or any bread of your choice.

Ingredients

2 cups Mediterranean yogurt
1 cup cubed Persian cucumber
1 to 2 cloves garlic minced
1 tsp dried mint (or dill)
1/4 cup water

Preparation Process

Mix all the ingredients in a medium-size bowl. Refrigerate and serve.

If you want to watch the video again. Click [here](#).